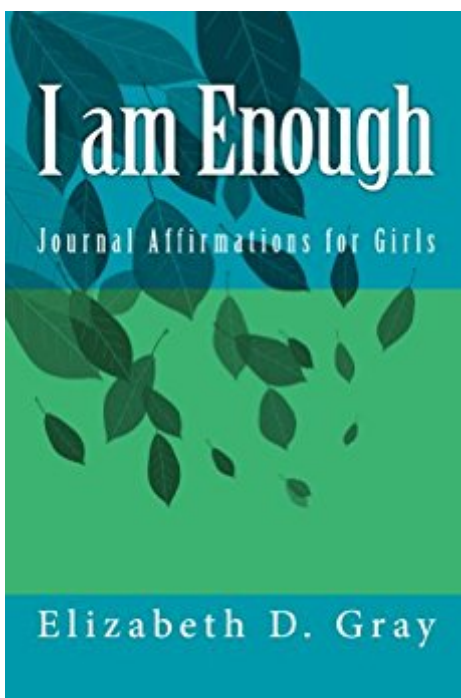


The book was found

# I Am Enough: Journal Affirmations For Girls



## Synopsis

Our six book series is designed to empower girls to navigate their way through life with confidence, self-esteem, compassion, creativity, collaboration and joy through the thoughtful contemplation and expression of their own unique perspectives, ideals and experiences. Each book is excellent as a journal for one girl or as a tool in a group setting for writing and discussion. Topics are particularly relevant today, such as, "I am not a Measurement." Journal entries do not talk down or issue simple edicts, but respect the intelligence and individuality of every girl. There can be not the slightest shred of doubt that you are enough as you are. This book of empowering affirmations for girls makes this point absolutely clear. Use the notes pages to journal your thoughts as you affirm this truth. You are Enough. I am not a Measurement I am not a measurement A set of numbers Their relevance determined by others In a society that seeks constant judgment A computation of my proportions Against garish standards Dividing the good and the bad According to some scale Created in absurdity In some strange twist of fate A crooked line in humanity's development I am not a computation on a bell curve A dot on a graph I refuse to be measured On any scale Not wrought of my own design The dial turning The arrow pointing In a direction of my choosing And mine alone For there is no equation Capable of measuring me My complexities surpass the ability To be analyzed by numbers Meant to fit inside boxes I reject the proposition That places me on any scale I am not a measurement

Other Titles in Our Girls' Series: I am Beautiful: Journal Affirmations for Girls I am the Change: Journal Affirmations for Girls I am Successful: Journal Affirmations for Girls Becoming Me: Journal Affirmations for Girls Vol 1 Becoming Me: Journal Affirmations for Girls Vol 2

## Book Information

File Size: 326 KB

Print Length: 110 pages

Publisher: Diego Beach Publishing (November 29, 2013)

Publication Date: November 29, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00H3436QQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #50,118 Free in Kindle Store (See Top 100 Free in Kindle Store) #5 in Kindle Store > Kindle eBooks > Teen & Young Adult > Social Issues > Being a Teen #74 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Adolescent Psychology #17335 in Kindle Store > Kindle eBooks > Nonfiction

## Customer Reviews

Unlike boys, girls are supersensitive to who they are, especially when they perceive themselves as not fitting the mode the world has set for them; and this is especially true when it comes to their bodies. Unlike boys, girls are looked at and rated each day of their lives. All this adds up for girls to ask themselves the proverbial question each day "Am I good enough." There is basically one way to help girls out of this rut and that way is to empower and inspire these girls to realize who/what they are and the difference they're able to make in today's dog-eat-dog world. And in order to achieve this goal they need help. Mothers, while they've been down this road before, still need some assistance in directing their daughter in covering the different aspects involved. Single fathers, already lost when it comes to their daughters, need ALL the help they can get in helping them reach womanhood with any residual scars of growing up without a mother. This book contains 25 affirmations which the young girl[s] in your family need to read, contemplate as what each one means to them, write their thoughts. While this is easy in the paperback edition of the book, those reading it as a KINDLE edition should get an old-fashioned marble composition notebook, and write the title of this book on the outside. Inside they should, and write down the title of each affirmation, followed by their thoughts. The intention of this book is that by responding to each of these 25 affirmations the girls reading this book should get the emotional support and encouragement they need to succeed; which is why this reviewer is giving 5 STARS to this book. I read this book via a KINDLE Unlimited download.

I have not read anything quite like this for girls, and that's a good thing, because some of these affirmations are pretty powerful. Just the title of the first one, "I am not a measurement," gives you a good idea.

It's a nice diary

[Download to continue reading...](#)

I am Enough: Journal Affirmations for Girls Bullet Journal: 150 Pages Cactus Pattern Dotted Journal

- 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1)  
Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook -  
With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) HEALING AFFIRMATIONS & HARP:  
Soothing and Scientifically Sound Positive Affirmations for Self-Healing (AWARD-WINNING  
CD/Booklet) (Relax Into Healing Series) Bedtime Affirmations: Positive Daily Affirmations to Aid You  
Take a Peaceful Sleep Free of Worries Using the Law of Attraction, Self-Hypnosis, Guided  
Meditation and Sleep Learning Attract Money Affirmations: Powerful Daily Affirmations to Attract  
Wealth and Abundance to Your Life Using the Law of Attraction Quit Eating Junk Food Affirmations:  
Positive Daily Affirmations for Junk Food Savvies to Stop the Intake of These Products Using the  
Law of Attraction, Self-Hypnosis, Guided Meditation Be Great at Sales Affirmations: Positive Daily  
Affirmations to Help You Become a Great Salesman and Attract More Prospects Using the Law of  
Attraction, Self-Hypnosis, & Guided Meditation Affirmations: 500 Powerful And Positive Affirmations  
For Maximizing Your Success (FREE BONUS - Law of Attraction Included) (Attract abundance,  
Reprogram ... Mind, Achieve Success, Law of Attraction) Positive Thinking: 37 Keys to Maximizing  
Your Life- Affirmations, Motivation and Achieving Success (Positive Thinking, motivation,  
affirmations) Good Enough...When Losing is Winning, and Thin Enough Can Never be Achieved My  
Growing-Up Library: Sesame Street Board Books- Too Big for Diapers / Big Enough for a Bed / Too  
Big for Bottles / Big Enough for a Bike All Things Lovely All Things Lovely Catholic Journal Color  
Doodle: Catholic Devotional for Teen Girls in all Departments Catholic Devotional for Women ...  
Books for Teens Girls Teen Girls in all Dep Positive Affirmations Journal: 100 Journal Writing  
Prompts to Explore Your Thoughts, Focus on the Positive, and Visualize the Life You Really Want  
Cute Piglet: Sketchbook for Kids : Dot Grid Journal : Notebook Composition:Girls: dot grid journal  
and sketchbook for boys and girls 8x10 inch,99 Pages Not All Those Who Wander Are Lost:  
Notebook- Small Blank Lined Notebook; Travel Journal; Traveller's Notebook; Study Abroad  
Journal; Vacation Journal; ... Journal; (Travel Journals and Notebooks) Jordan River Baptism Site:  
Journal, Diary, Notebook - Blank, Lined, 6 x 9 - Memoir Journal, Prayer Journal, Travel Journal  
(Israel Series) (Volume 3) Bullet Journal: Dot Bullet Journal; Small Blank Dot Grid Journal for  
Women; (5.25 x 8 in.) -blank dotted pages for Diary, Planner, Calligraphy, Hand ... Journal and  
Notebook Collection) (Volume 1) Coloring Books for Girls: Inspirational Coloring Book for Girls: A  
Gorgeous Coloring Book for Girls 2017 (Cute, Relaxing, Inspiring, Quotes, Color, ... Books Ages  
2-4, 4-8, 9-12, Teen & Adults) AnimÃ© nude young hentai fund of sex â " Hot manga pictures 2:  
Sexy girls animÃ© nude girls, sexy animÃ©, hot hentai, manga sexe pictures, porn, naked, sensual  
... young hentai fund of sex: Sexy girls animÃ©)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)